



## Claiming by Amsterdamme

### A New Year ritual guide for a deliberate, indulgent night

Move slowly. Stay present. Choose intention over haste. Claiming is not about excess; it is about precision, pacing, and consent—given to yourself and your partner.

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## Before You Begin (Non-Negotiable)

- **Prepare the space:** clean surfaces, warm lighting, water within reach, fresh towels, and a high-quality water-based lubricant.
  - **Set consent clearly:** name boundaries, safewords, and aftercare expectations.
  - **Warm the body:** take a shower or bath together; relaxed muscles receive sensation more easily.
  - **Do not combine stimulation randomly:** each tool has a purpose. Follow the sequence.
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## 1) The First Surrender Bondage Kit (Black) — *Containment & Focus*

### The First Surrender Bondage Kit (black)

#### What it does

This kit establishes structure. The blindfold narrows focus. The cuffs and rope create

containment. The collar and leash introduce direction and responsiveness. The whip adds light, playful sensation—never intensity by default.

#### How to use it

- Begin with the **blindfold** to quiet visual distraction.
- Use **one restraint at a time** (wrists *or* ankles). Keep joints aligned and circulation unobstructed.
- The **collar and leash** are symbolic tools of presence; use them to guide posture and breath, not to pull forcefully.
- The **whip** is for awakening skin awareness—gentle taps only, increasing sensation through rhythm, not force.

#### What not to do

- Do not restrain neck, chest, or block breathing.
  - Do not leave a bound partner unattended.
  - Do not escalate sensation without verbal or non-verbal confirmation.
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## 2) The Midnight Claim Rabbit — *Rhythm & Assurance*

### The Midnight Claim Rabbit

#### What it does

This rabbit-style vibrator provides dual stimulation: a steady internal presence paired with external rhythmic vibration. It builds confidence through familiarity and control.

#### How to use it

- Apply lubricant generously before contact.
- Start on the **lowest setting**. Allow the body to acclimate before increasing intensity.
- Keep the external stimulator positioned consistently; small adjustments change sensation dramatically.
- Use this phase to establish a **steady tempo**—this is not a sprint.

#### What not to do

- Do not press aggressively; let vibration do the work.
  - Do not jump modes rapidly. Abrupt changes disrupt arousal rather than deepen it.
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## 3) The Claiming Gem Trio — *Progression & Ownership*

## The Claiming Gem Trio

### What it does

Three graduated plugs support slow exploration and embodied awareness. The tapered tips ease entry; the slim necks allow comfortable wear; the flared bases provide safety and grounding.

### How to use it

- Choose the **smallest size first**. Use ample lubricant.
- Insert gradually, pausing to breathe and relax.
- Once settled, remain still for several minutes to allow the body to adapt.
- Progress only if the body signals readiness. Wearing a plug is about presence, not pressure.

### What not to do

- Never skip sizes.
  - Never use without lubricant.
  - Never remove abruptly—withdraw slowly and deliberately.
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## 4) The Wave of Desire — Depth & Ceremony

### The Wave of Desire

Yes. **This toy has remote control functionality** via **Bluetooth app control** (LELO's companion app). There is no separate physical handheld remote in the box; control is managed directly from a smartphone once paired.

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### What This Toy Is Designed to Do

- Deliver **internal stimulation through WaveMotion®**, a slow rotating movement that mimics deliberate, attentive touch rather than thrusting.
- Provide **external vibration simultaneously**, creating layered sensation rather than sharp peaks.
- Allow **exact pacing and intensity control** through the app, supporting ritualized escalation rather than improvisation.

This is not a “quick climax” device. It is engineered for **depth, rhythm, and sustained awareness**.

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## Control & Setup (Do Not Skip)

1. **Charge fully** before first use (approximately 2 hours).
2. Download the **LELO app** and pair the device before beginning the ritual.
3. Test both motors briefly *outside the body* so you understand:
  - Rotation speed vs. vibration intensity
  - How quickly settings change when adjusted

**Why this matters:** Once arousal is high, fine motor decision-making drops. Familiarity prevents overstimulation.

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## Precise Use Instructions

### Phase 1: Entry & Orientation

- Apply **generous water-based lubricant** to both the toy and body.
- Insert slowly until the external arm rests comfortably against the body.
- **Do not activate rotation yet.**
- Begin with **external vibration only**, lowest setting, for 2–3 minutes.

Purpose: grounding and nervous system regulation.

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### Phase 2: Introducing WaveMotion

- Activate **WaveMotion rotation on its lowest setting.**
- Keep vibration steady and low.
- Allow at least **3–5 full rotation cycles** before adjusting anything.

Purpose: allow internal muscles to synchronize with the motion rather than resist it.

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### Phase 3: Building Depth (Where Most People Rush—Do Not)

- Increase **either** rotation speed **or** vibration intensity—**never both at once.**
- Make changes in **single-step increments**, then wait.
- Use breath pacing: slow inhales, longer exhales.

Purpose: layered arousal without overwhelm.

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## Phase 4: Remote / App-Guided Control (Optional but Recommended)

- A partner may control settings via the app for:
  - Intentional pacing
  - Distance play
  - Power exchange with clarity and consent
- Spoken check-ins are encouraged; silence is not assumed consent.

Purpose: shared authority and deliberate surrender.

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## What This Toy Should *Not* Be Used For

-  Fast thrusting or aggressive movement
-  Maximum intensity from the start
-  Continuous high-speed rotation without breaks
-  Use without lubrication
-  Use when emotionally or physically rushed

This device rewards **restraint**, not force.

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## Ending the Session

- Reduce rotation to zero **before** reducing vibration.
  - Pause with the toy still in place for 30–60 seconds.
  - Remove slowly, maintaining contact and breath awareness.
  - Clean thoroughly and store with intention.
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## Closing the Ritual (Aftercare)

- Remove toys slowly, one at a time.
- Offer water, warmth, and physical closeness.
- Name what felt grounding, pleasurable, or surprising.

- Clean each item according to manufacturer instructions and store them together—Claiming is ongoing.
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## **Final Word from Amsterdamme**

Claiming is not about taking. It is about **choosing**.

Choosing pace. Choosing sensation. Choosing yourself—and being witnessed in that choice. Return to this ritual whenever you need to remember what it feels like to be deliberate, embodied, and fully present.

If you have questions, please be in touch at [goddess@amsterdamme.com](mailto:goddess@amsterdamme.com)